



# Anna Granta

"Neurodivergent people can succeed at work at the highest levels without burning out."

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**"you've helped me and genuinely inspired me"**



## Signature Talk Titles

- How I adapted agile software techniques to manage my ADHD.
- How my business led to me discovering that I have ADHD, and how that transformed my business.
- How my business led to me discovering the real reason for my 'postnatal anxiety'.

## Bio

Anna Granta has ADHD and dyslexia and is an expert in supporting neurodivergent adults at work.

Anna Granta coaches professional, neurodivergent, adults (i.e. ADHD, ASD, Dyslexia, etc) working with the whole person, with a focus on achieving greater impact at work. Her clients become more confident, more skilled at working with others, and better able to work on tasks that are most impactful. Anna believes that neurodivergent adults are an asset to organizations and thrive in the right environment.